First Army 101 for Spouses

Training Objectives

- **Become more familiar with First Army to include:**
  - **Mission**
  - **Organizational structure**
  - **Relationship among Active Duty, National Guard, and Army Reserve**

- **To have a better understanding of the Army's Total Force Policy**

- **Be aware of installation and community support systems and available services for Soldiers and Family members**

Purpose

To support First Army Soldiers by educating spouses on First Army's mission and organizational structure: who we are, what we do, where we are going, and where to obtain Family readiness support/assistance.

"It is our commitment to build a partnership with Army Families to ensure their strength and their resilience. We're committed to ensuring the quality of life of our Soldiers, Families and Civilians, as commensurate with the quality of their magnificent service."

(General George W. Casey)

** PLAY **

Headquarters, First Army Command Video

Time: less 4 minutes

http://www.first.army.mil/

Click on Public Affairs
First Army Command Video

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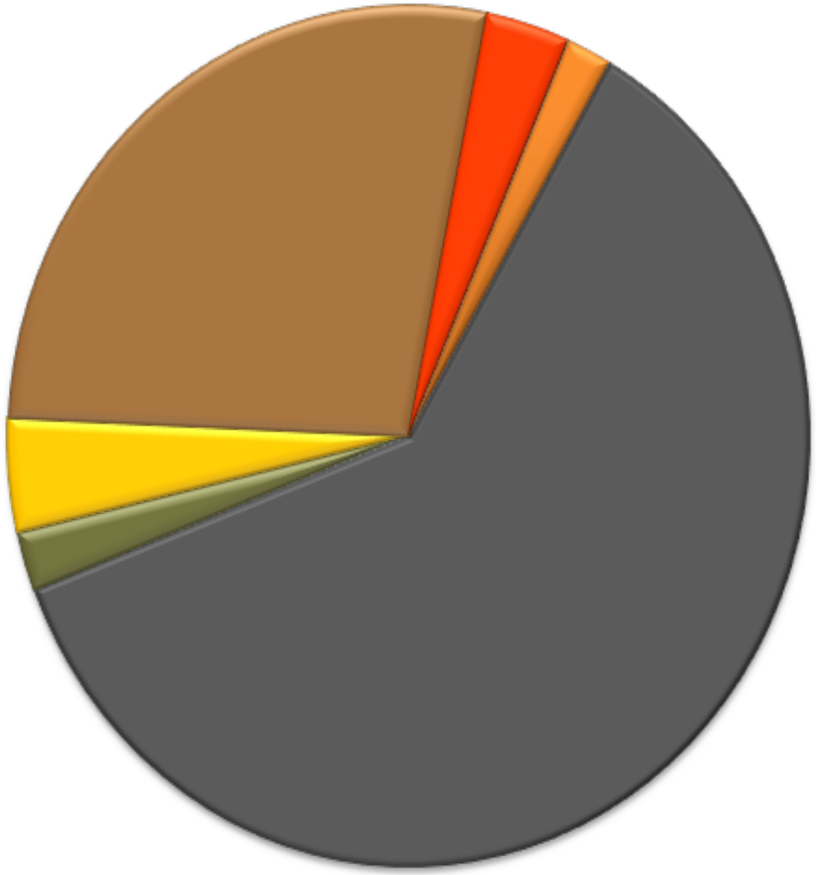
First Army Mission

First Army, as FORSCOM's designated coordinating authority for implementation of the Army Total Force Policy, partners with USAR and ARNG leadership to advise, assist, and train Reserve Component formations to achieve Department of the Army directed readiness requirements during both pre and post mobilization through multi-component integrated collective training, enabling FORSCOM to provide Combatant Commanders trained and ready forces in support of worldwide requirements.

Who We Are

A Multi-Component Command

Active Component Personnel



rogram
51%)

rst

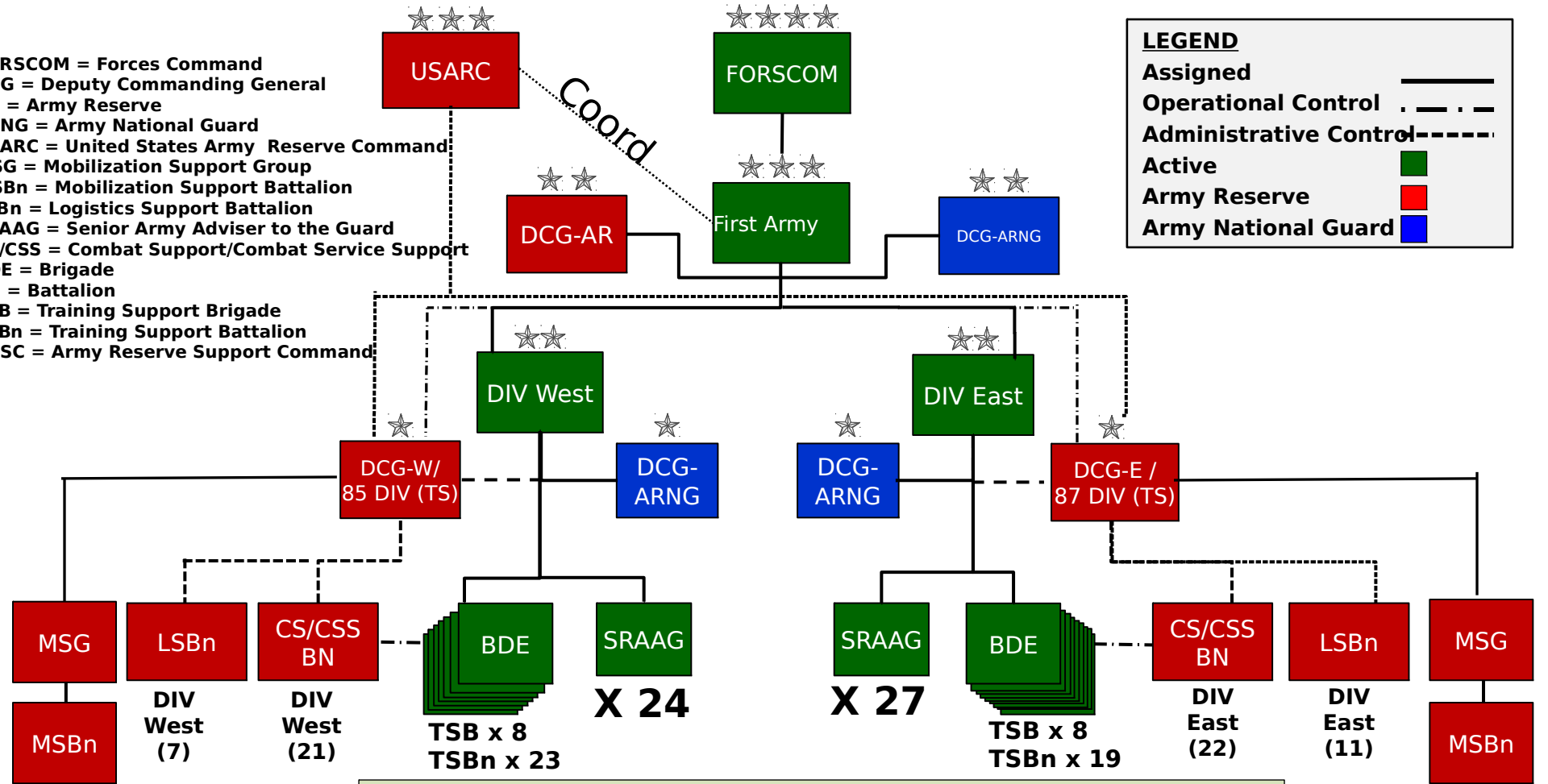
vision

Headquarters, Division West and Brigades

As of 251200RJun2014

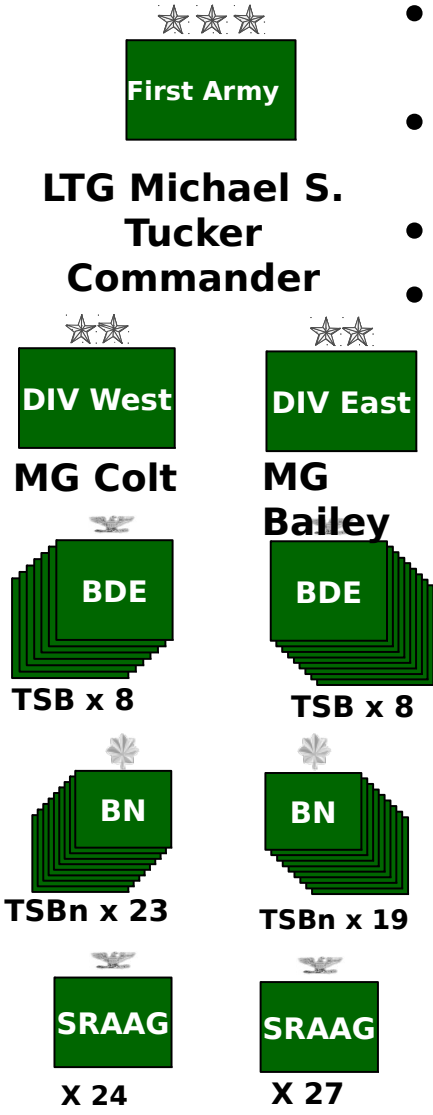
First Army's Current Multi-Component Structure

RSCOM = Forces Command
G = Deputy Commanding General
= Army Reserve
NG = Army National Guard
ARC = United States Army Reserve Command
G = Mobilization Support Group
Bn = Mobilization Support Battalion
Bn = Logistics Support Battalion
AAG = Senior Army Adviser to the Guard
/CSS = Combat Support/Combat Service Support
E = Brigade
= Battalion
B = Training Support Brigade
Bn = Training Support Battalion
SC = Army Reserve Support Command



Operational Control of four Reserve Support Commands and 61 additional RC battalions to support training

First Army (Active/Reserve) Current Organizational Structure



- Executing agent for Reserve Component (RC) training support.
- Integrate and synchronize policy, programs and resources.
- Support First Army divisions.
- Comprised of Headquarters, Headquarters Detachment and Army Reserve TPU Soldiers.
  - Two Divisions directing the executions of RC post-mobilization training. Division East's area of responsibility falls east of the Mississippi River and Division West, west of the Mississippi River.
  - 16 Training Support Brigades and 42 Active Component battalions execute RC post-mobilization training.
- Senior Army Advisers, Army National Guard (SRAAGs) advise Adjutants General (Major General) of 48 states, District of Columbia, Puerto Rico, and the US Virgin Islands. SRAAGs work for First Army, but are assigned to the National Guard.

- Develop Family support policies
- Serve as liaison between divisions and higher headquarters
- 123 Family Readiness

- Implement and oversee programs in the brigades
- Conduct staff assistance visits
- Conduct training

- Support Family readiness activities
- Connect Families with resources

Soldier Population

- **First Army Active Component Soldiers Assigned to our Brigades and Divisions:** These Soldiers are located at our Mobilization Force Generation Installations (MFGIs). They train Soldiers who have been mobilized for missions around the world.

- **First Army Mobilized Troop Program Unit Soldiers:** These Soldiers are from our Reserve Component battalions. They are located at our MFGIs and are usually away from home. They train Soldiers for missions around the world.

- **First Army non-Mobilized Troop Program Unit Soldiers**: These Soldiers are not on active duty. They are located in the civilian populations where they live. They attend monthly Battle Assembly and Annual Training.

- **Soldiers Mobilizing for Deployment**: These are National Guard and Reserve Soldiers who are brought onto active duty and trained by First Army at our MFGIs for missions around the world.

FORSCOM
Concept of Mobilization Operations

Phase 1: Planning – The unit plans, trains, and prepares to accomplish assigned mobilization missions.

Phase 2: Alert – The unit takes specific actions to prepare for transition from Reserve Component to active status.

Phase 3: Home Station – This phase begins on the effective date of the unit's mobilization. Once mobilized, the unit will have 72 hours to be ready to move to the Mobilization Force Generation Installation (MFGI).

Phase 4: MFGI– This phase begins with arrival of the unit at the MGLI and encompasses all the actions necessary to meet required deployment criteria. Soldiers complete Family information sheets. Families are also contacted.

Phase 5: Port of Embarkation – Preparing for departure. This phase ends with departure of personnel and equipment. This is the last opportunity to capture Family information from the Soldier before going into theater.

FIRST ARMY PARTNERSHIP

First Army
- Has FORSCOM's coordinating authority for ATFP implementation
- Advises, assists, and trains RC formations to achieve directed readiness requirements
- Joint Service Training oversight
- Mobilizes, trains, validates, deploys, re-deploys, and demobilizes RC units and Soldiers
- Trains and validates the unit
- Assists National Guard and Reserve Family Program Directors

Army National Guard
US Army Reserve Command
- Source requirements
- Manpower/equipment units
- Builds individual/leader readiness
- Achieves Readiness Cycle Objectives
- Completes reintegration
- Supports Families during mobilization

Medical Command
- Executes Medical Support Plan in coordination with IMCOM

Senior Commander
- Commands installation
- Prioritizes installation resources

Installation Management Command
- Provides mobilization and demobilization infrastructure and support services
- Coordinates movement
- Initiates reintegration
- Mails welcome packets to

First Army is embedded within these organizations to conduct a successful training campaign

Basic Army Installation / Community Support

Army Community Service Center / Army One Source (on-line)

Chaplains – Strong Bonds

Social Work Services (Medical Clinic)

Family Readiness Groups

Morale, Welfare and Recreation

Civilian Advisory Personnel

Drug / Alcohol Community Services

Child Care / Youth Services

Public Affairs Office

Military One Source

Comprehensive Soldier Fitness

Ready and Resilient Campaign

Global Assessment Tool

Soldier/Spouse Master Resilient Trainers

Legal Assistance

Family Readiness Best Practices

- Family Readiness Groups (FRGs)
- FRG Senior Advisers
- Family Readiness Liaisons (Military)
- Army Community Service Centers
- Military One Source
- Casualty Response (CARE) Teams
- Facebook (social media)
- Army Reserves (Family Days)
- Army One Source (online)
- Family Assistance Centers
- Command Involvements
- Annual New Spouse Orientation
- First Army 101 and 102 for Spouses presentations
- Annual and quarterly volunteer recognition ceremonies
- Monthly installation community briefs
- Global Assessment Tool (GAT 2.0)
- Spouse Master Resilient Trainers (SMRT)
- Family Readiness Video Teleconferences
- Word of mouth
- Resilient Training

Mobilization Planning

PRE MOBILIZATION

POST MOBILIZATION

Families receive basic briefings at home station (TRICARE, ID card, DEERS, legal and Chaplain services).

- Establish Family Readiness Groups.
- Provide orientations for Soldiers, and Families on assistance available upon unit activation (alert).
- Provide assistance to single parents, dual military couples and emergency-essential civilians.
- 24/7 service facilities (Family Assistance Center, Military One Source, Army One Source, etc).
- Family members are at least 10 years of age to receive an ID card.
- Powers of attorney and

- Coordinate with local and State Human Service agencies.
- Encourage Families to attend post mobilization briefings such as legal, reunion, suicide awareness, etc.
- Attend Strong Bonds workshops.

- Family members are contacted on a re
- Support groups are established to deal with Family issues, lessons learned, recommendations on to improve procedures.
- Ongoing orientations identifying assistance available on and off military installations to Families.
- Newsletter AND website information.

First Army 102 for Spouses

- **The *First Army 102 for Spouses* presentation was developed as a result of Senior Family Readiness Adviser feedback during the 2011 First Army Family Leadership Conference.**

- ***First Army 102 for Spouses* provides detailed information regarding Army National Guard and Army Reserve functions and can be found on First Army website, http://www.first.army.mil, under Family (G-1).**

In Summary

First Army is a demanding, meaningful assignment for Soldiers and Families

- **FORSCOM's coordinating authority for the Army's Total Force Policy implementation.**
- **Provide Active Component (AC) to Reserve Component (RC) Training Support.**
- **Broad geographical footprint. First Army provides the most highly trained and professional multi-component collective training integration capability in the US Army; uniquely organized with AC and RC certified skilled trainers at the point of need in support of the Army's Total Force Policy.**
- **First Army ensures Soldier and Family Readiness during the training campaign.**
- **Soldiers and Families can access services from military installations.**

HEADQUARTERS, FIRST ARMY

POINTS OF CONTACT

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FAMILY PROGRAMS

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